



université
PARIS-SACLAY

Student Wellbeing and Financial Aid

2023



Try on **"your eligibility"** to check all the different supports :

 Klaro

<https://app.toutesmesaides.fr/bienvenue/v1/company/upsaclay/334aef2a-74d4-4d44-8cfd-959fac5b6710>

 #1jeune1solution

<https://www.1jeune1solution.gouv.fr>

Contact us at :

 @aides.etudiant

aides.etudiant@universite-paris-saclay.fr

Student Wellbeing and Financial Aid














The role of the Department of Student Life & Equal Opportunities (Direction vie étudiante et égalité des chances, DVEEC) at the University of Paris-Saclay is to offer support and assistance to help improve the living conditions of our students. The Student Life and Social Action Unit (Pôle vie pratique étudiante et action sociale) within the DVEEC provides a range of services and help students with their needs such as housing, transport, catering, jobs, welfare and financial aid.

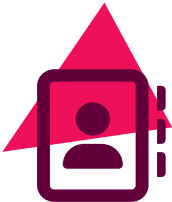
The Student Life and Social Action Unit can provide you with your situation to ensure with specific support. In conjunction with the social service of the CROUS of Versailles, our team will guide you through the process and direct you towards the best schemes for you.

 Information

<https://www.universite-paris-saclay.fr/en/vie-de-campus/scholarships-and-financial-aid>

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Contacts

The Student Life and Social Action Unit

Department of Student Life & Equal Opportunities (*Direction Vie Étudiante et Égalité des Chances, DVEEC*)

Our team is at your disposal and ready to welcome you on site :



Reception for the student life and social action unit :

Bâtiment 311 – Le Moulin
Rue du Château,
91400 Orsay



RER B – Orsay ville



Every weekday (excluding public holidays and school holidays)



From 9am to 12:30pm
and 1:30pm to 5pm



A note on the listed schemes :

The age limits vary depending on your situation, particularly if you are volunteering in the armed forces, on a civic service mission, if you are a student with a child or if you have a disability. All applications for these schemes and the information they contain are anonymous and completely confidential.

All this information is available on the University's Scholarships and Financial Support page :

 **Scholarships and financial aid**

<https://www.universite-paris-saclay.fr/en/vie-de-campus/scholarships-and-financial-aid>

For any questions, you can contact the student life and social action unit within the student life directorate (DVEEC) :

 **@aides.etudiant**

aides.etudiant@universite-paris-saclay.fr

Information on schemes not carried by the university is provided for information only and the University accepts no responsibility thereof.



Scholarships

Grant from the Fondation Giveka

This financial help of 5,000 euros is according to French and Swiss students who are facing financial difficulties due financial difficulties with starting or continuing higher education due to an accident or illness. Requirements: applicants must have French or Swiss nationality financial difficulties in starting or continuing studies due to an accident, disability or illness. Applications should be made to the CROUS social service.

Informations

<https://www.etudiant.gouv.fr/fr/aide-de-la-fondation-giveka-2426>

Grant from the Fondation Dobry-Baratz

This help is dedicated to students who have been living in student housing or to a student who are becoming citizenship wishing to do a cultural leadership placement. It is an opportunity for those of foreign nationalities to join a club or to obtain a higher education grant. Requirements: applicants must live in a university residence or lead a club in the residence and wish to do a cultural leadership placement. This is for international students unable to obtain a higher education grant who are in the process of becoming French citizens. Applications should be made to the CROUS social service.

@contact

service-social@crous-versailles.fr

Grant from the Fondation Entraide Hostater

The Foundation provides mutual aid to promising French or foreign students in their final year of study through a one-off grant. It can be combined with any other grant. Applications should be made to the CROUS social service.

@contact

service-social@crous-versailles.fr

Make an appointment with a social worker

<https://mesrdv.etudiant.gouv.fr/fr>

Select "CROUS de Versailles" then Theme: "Assistante sociale" and Location: the department of your campus

Lassences

absence grants are intended for young researchers preparing a doctoral thesis either in the human or social sciences. Candidates must have obtained a DEA (post-graduate diploma) or a Master 2 (second year of a master's degree) in addition having French nationality. They must also be enrolled in a post-graduate institution in France. Grants are awarded in accordance with the student's financial means and the results of their DEA or Master. The subject of their thesis must also be deemed relevant by the professors conducting the research.

@contact

service-social@crous-versailles.fr

Make an appointment with a social worker

<https://mesrdv.etudiant.gouv.fr/fr>

Select "CROUS de Versailles" then Theme: "Assistante sociale" and Location: the department of your campus



Social Assistance



CROUS Social scholarship - the Bourse sur critères sociaux (BCS)

Is a monthly grant to help those experiencing financial difficulties with their studies.

Requirements : applicants must be enrolled in full-time education, a registered taxpayer in France for at least 2 years and under the age of 28.

Criteria : family income, number of dependent children and distance from the place of study are taken into account.

Mandatory attendance at classes and examinations.

When : before your arrival at the university.

Procedure

submit your Student social file (DSE) from 15 January to 15 May at :

Mes services étudiant

<https://www.messervices.etudiant.gouv.fr/envole/>

Calculator :

Calculate your rights

<https://simulateur.lescrous.fr>

Grants and housing: create your scholarship application (DSE)

<https://www.etudiant.gouv.fr/fr/bourse-et-logement-constituez-votre-dossier-social-etudiant-dse-409>

Specific annual financial aid - the Aide Annuelle (ASAA) - from the CROUS,

A personal aid for long-term financial difficulties paid over the academic year.

Requirements : applicants must be able to prove autonomy or estrangement from family or be returning to education, a registered taxpayer in France and under the age of 35.

Criteria : applicants must not perceive the CROUS Social scholarship and resources are taken into account.

Mandatory attendance at classes and examinations.

Procedure

you must complete your Student social file (DSE) before 31 December at :

Mes services étudiant

<https://www.messervices.etudiant.gouv.fr/envole/>

Make an appointment with a social worker

<https://mesrdv.etudiant.gouv.fr/fr>

Select "CROUS de Versailles" then Theme: "Assistante sociale" and Location: the department of your campus


Specific aid


<https://www.etudiant.gouv.fr/fr/aides-specifiques-1306>



One-time welfare payment - the Aide Ponctuelle (ASAP) from the CROUS

A personal welfare payment for temporary financial difficulties paid in one single time.

 **Requirements** : applicants must be enrolled in full-time education and under the age of 35.

 **Criteria** : your welfare and financial situation is taken into account.

Procedure

You will be offered the opportunity to apply for assistance depending on your situation and following an interview with the CROUS social service.

 **Make an appointment with a social worker**

<https://mesrdv.etudiant.gouv.fr/fr>

Select "CROUS de Versailles" then Theme: "Assistante sociale" and Location: the department of your campus

 **Information**


<https://international.lescrous.fr/social-assistance/>




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University Emergency Welfare Payment - the Aide Sociale Individuelle d'Urgence (ASIU) de l'université

A personal welfare payment from the university for unexpected financial difficulties affecting your studies.

 **Requirements** : applicants must be enrolled in full-time education within the university and under the age of 35.

 **Criteria** : your welfare, financial and educational situation is taken into account.

Procedure

you will be offered the opportunity to apply for assistance depending on your situation and following an interview with the CROUS social service.

 **@contact**

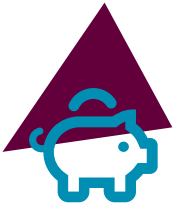
service-social@crous-versailles.fr

 **01.69.15.70.64**

 **Information**

<https://www.universite-paris-saclay.fr/en/vie-de-campus/scholarships-and-financial-aid>





Financial Assistance

étudiant^{gouv.fr}

The state-guaranteed student loan - Prêt étudiant garanti par l'État

A student loan with no personal guarantee, no means testing and a maximum amount of €15,000 to finance your studies.

Requirements : applicants must be enrolled, must be French or European and between the ages of 18 and 28.

Information

<https://www.service-public.fr/particuliers/vosdroits/F986?lang=en>

"Talents" Scholarship - the Allocation pour la diversité dans la fonction publique

Support for candidates preparing to compete for civil service roles.

Criteria : achievements and financial means are taken into account.

Information

What is the diversity allowance in the civil service? | service-public.fr

<https://www.service-public.fr/particuliers/vosdroits/F17482>

Master Mobility Grant - the Aide à la Mobilité en Master

A grant of €1,000 when enrolling in a MA course in a different academic region than the one where you obtained your degree.

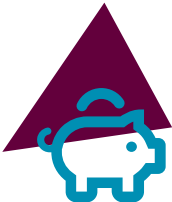
Requirements : applicants must be grant student of an income-based grant or specific annual allowance and enrolled in a MA course in another academic region

Procedure

Submit your application at <https://www.messervices.etudiant.gouv.fr/envole/> between 10 July and 30 April


Information

<https://www.etudiant.gouv.fr/fr/aide-la-mobilite-en-master-1504>



International Travel Grant - the Aide à la Mobilité Internationale (AMI)

€400 per month to enable you to take a course abroad.

 **Requirements** : applicants must be recipient of an income-based grant or a specific annual allowance and must reside abroad as part of their course (exchange programme or internship) for 2 to 9 months.


Information

<https://www.etudiant.gouv.fr/fr/bourses-erasmus-et-aide-la-mobilite-internationale-ami-67>



FÉDÉEH 100% Handinamique grant

This grant aims to help young disabled people who do not find always financing to compensate the needs related to their situation.

 **Conditions** : applicants be under 35 years old and be enrolled in an educational institution superior


 **Procedure**
apply online

Information

<https://www.handinamique.org>

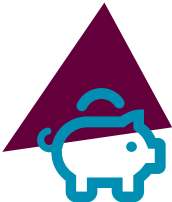
The Citizen Springboard Grant - the Aide Tremplin Citoyen (Region of Essonne)

This is intended to partly finance individual studies to encourage self-reliance among 16 to 25-year-olds (one project for 16 to 20-year-olds and one for 21 to 25-year-olds). It provides €400 per project and up to €800 for 16 to 25-year-olds. It can cover transport (travel pass or driving licence), studies, training, student accommodation or health expenses.

 **Requirements** : applicants must reside in the Essonne region for at least 6 months, contribute 10% towards the cost of the chosen studies or project, have a bank or postal account in the name of the applicant (excluding Livret A accounts), and must be able to prove they have completed 40 hours of service or 35 hours if obtaining the PSC1 certificate (Prevention and Civic Aid Level 1, valid for 3 years).

Information

<https://www.essonne.fr/education-jeunesse-citoyennete/jeunesse-tremplin-citoyen/le-tremplin-citoyen>



Merit-based grant - the Aide au Mérite

€900 for first-time students.

Requirements : applicants must be recipient of an income-based grant or a specific annual allowance, with a minimum 70-80% pass rate at baccalaureate or A-level, and must be enrolled at a higher education establishment.

Mandatory attendance at classes and examinations.

✓ If you live in the Ile-de-France area, a €1,000 local authority grant is also available.

Procedure

No application necessary as it is included in your DSE (scholarship application).

Information

<https://www.etudiant.gouv.fr/fr/aide-au-merite-1291>

Mobility grant from the Ile-de-France Regional Council - the Aide du Conseil régional d'Ile-de-France

An international mobility grant of €360 or €420.

Criteria : a family income of €19,190 or less. Financially independent applicants must have a gross income above €8,799.72 and be living separately from their parents.

Information

<https://www.universite-paris-saclay.fr/en/formation/partir-letranger/financial-support-studies-abroad>





Food aid



AGORAÉ at the of University of Paris-Saclay and the UVSQ (Université de Versailles Saint-Quentin-en-Yvelines)

An AGORAÉ is a subsidised, income-based grocery shop and student living quarters managed by students for students at French universities. They offer products at reduced prices, special offers and various events while developing a number of partnerships

Requirements : available to students of the university.

Criteria : your daily income must be between €1.35 and €7.50.

Procedure
apply directly to the organisation at

@interassos-uvsq

agorae@interassos-uvsq.org

@agorae-paris-saclay

contact@agorae-paris-saclay.fr

Infos :

AGORAÉ UVSQ

<https://www.uvsq.fr/agorae-lepicerie-sociale-et-solidaire-de-luvsq>

Become a beneficiary

<https://agorae-paris-saclay.fr/devenir-beneficiaire/>



CROUS : Social price for meal

Among the measures aimed at supporting the purchasing power of students, the French government has decided to maintain the freezing of social pricing of meals university catering. So all students can benefit a complete and balanced meal at the rate of €3.30 and €1 for students on scholarships or in situation of precariousness.

Conditions : scholarship based on social criteria of the CROUS or for students with financial difficulties.

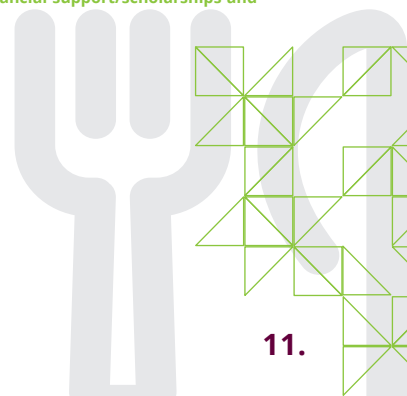
Procedure : no procedure to carried out for scholarship students. For students with financial difficulties, a file request must be completed until 31 December 2023. After this date, the request must be made to a social worker.

@contact

aides.etudiant@universite-paris-saclay.fr

Information

<https://www.universite-paris-saclay.fr/en/admissions/scholarships-and-financial-support/scholarships-and-financial-aid>





Les Restos du Coeur

A national utility association public. She carries out distributions food on the Orsay campus every Thursday from 1 p.m. to 4:30 p.m. building 237 (Orsay campus)

📍 Contacts :

✉ @contact

aides.etudiant@universite-paris-saclay.fr

📄 Informations

<https://www.universite-paris-saclay.fr/en/admissions/scholarships-and-financial-support/scholarships-and-financial-aid>



Emmaüs

The Association Emmaüs France supports people in difficult situations through its subsidised grocery shops selling food, toiletries and everyday items.

📄 Ulis branch

<https://www.emmaus-les-ulis.org/nous-trouver>

📄 Longjumeau branch

<https://prod.emmaus-91.org/noustrouver-v2/>



Ma Ptite Echoppe in Antony (92)

Grocery store and cooperative living space open to all. It offers quality products at the best prices To many people as much as possible. It is also a place for socialising with regular workshops and discussion groups.

✉ @contact

contact@maptiteechoppe.fr

☎ 09 87 71 10 61

📄 Information

<https://maptiteechoppe.fr>





Le Secours Populaire

A French NPO providing relief across various branches, committees and federations throughout France. It distributes food and clothing and provides assistance with dealing with the authorities

Requirements : these vary according to location.

Informations : Food distribution every Thursdays in Plateau de Saclay IUT d'Orsay building 605

Criteria : a daily income of less than €10.

@contact

saclay.orsay@spf91.org

Information

<https://www.secourspopulaire.fr>



Linkee

An association distributing food to students.

Information

<https://www.facebook.com/LinkeeOfficiel/>



ORDRE DE MALTE
FRANCE

Ordre de Malte

Distribution of snacks and hot drinks during the distribution of Restos du Coeur.

Informations : distribution every Thursdays from 12:30 p.m. to 3 p.m. in building 237 (Orsay campus)

@contact

aides.etudiant@universite-paris-saclay.fr

Informations

<https://www.universite-paris-saclay.fr/admission/>







Computer and documentary aids

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Personal IT Equipment Grant - the Aide Matérielle et Informatique Individuelle (AMII)

Financial help from the university to purchase a computer, tablet or WIFI network package

 **Requirements** : applicants must be enrolled in full-time education within the university.

 **Criteria** : the grant is paid once during the entire course and is means-tested.

Procedure

An online application must be completed; applications are considered throughout the academic year.

Scholarships and Financial Support

<https://www.universite-paris-saclay.fr/en/vie-de-campus/scholarships-and-financial-aid>

Computer loans

The university has computers available for loan to students for one academic year. They are distributed according to the availability.

@contact

aides.etudiant@universite-paris-saclay.fr

Scholarships and Financial Support

<https://www.universite-paris-saclay.fr/en/vie-de-campus/scholarships-and-financial-aid>

University libraries

The university libraries across the area offer a variety of computer and IT services for students.

 You can book a time to access these services online :

University Library page - Book a slot

<https://www.universite-paris-saclay.fr/en/vie-de-campus/libraries>



On-site access to fixed computers, tablets and screens :

- All university libraries

Access to charging points for small mobile devices :

- Orsay university library.

Access to charging stations for laptops :

- Châtenay-Malabry,
- Sceaux university libraries,
- Kremlin-Bicêtre university libraries.

Access to group work rooms :

- Orsay university library,
- Sceaux university libraries,
- Kremlin-Bicêtre university libraries.

Access to photocopiers

In all university libraries, you can copy, print paying with your IZLY card and the scan is for free.

Access to law/legal literature :

Students enrolled in a law course can access legal literature online in the University Library or via the [Daloz](#) and [LexisNexis](#) databases.



Equipment and Materials Grants

« Never in the red again! »

Free female sanitary product dispensers available on campuses.

Information

<https://www.universite-paris-saclay.fr/stop-precarite-menstruelle>

Laveries

Self-service laundromat in Gif-sur-Yvette offering a price of €1 to students. Open 7 days a week from 7am to 10pm.



Laverie de Gif :

25 Mail Pierre Potier, Zac du Moulon,
91190 Gif sur Yvette
(opposite the pharmacy)

Laverie d'Orsay :

11 rue Archange, 91400 Orsay

Contacts : ☎ 06 10 38 04 19

Information

<https://www.washndry-concept.com/laverie/laverie-automatique-orsay/>



Emmaüs

The Association Emmaüs France supports people in difficult situations through a number of devices. It sells furniture, clothes and household appliances at very low prices.

Ulis branch

<https://www.emmaus-les-ulis.org/nous-trouver>

Longjumeau branch

<https://prod.emmaus-91.org/noustrouver-v2/>



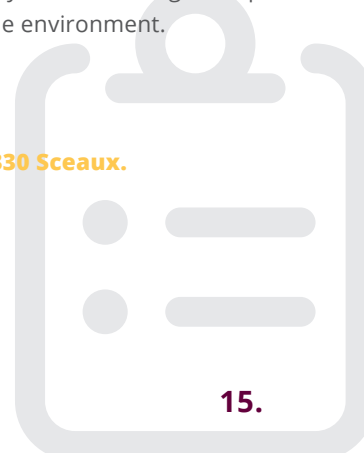
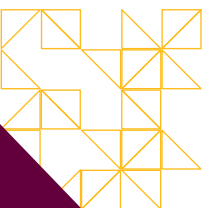
The Ile aux Ressources

The Ile aux Ressources is a recycling centre that collects and sells second-hand items in the centre of Sceaux. Designed to help students to kit out their homes at a lower cost, it is open to any citizen wishing to help their budget and the environment.



Address :

3 rue du Four, 92330 Sceaux.





Accommodation Grants

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The DVEEC support

The DVEEC team will support you through the process and answer your questions. You can email us at

 @contact

logement.etudiant@universite-paris-saclay.fr

You have access to several tools on the university's accommodation page :

<https://www.universite-paris-saclay.fr/en/campus-life/accommodation>


such as :

- the university's **student accommodation guide** where you will find lots of advice on finding housing, planning your budget, putting together your rental application and living in student accommodation;
- a **map of available accommodation** near our campuses, both private options and university residences;
- a **list of the university's partners** with special offers, as well as specific support in your search for accommodation;
- the **main housing grants** you can apply for according to your situation.



Student Housing Grant - the Aide au Logement Étudiant (APL, ALS ou ALF)

There are 3 kinds of accommodation assistance: APL, ALS or ALF, depending on your number of dependants and whether or not your accommodation is approved.

 **Requirements** : you must be a tenant in appropriate accommodation as your main residence and you must not be related to the owner.

 **Criteria** : income is capped

 **When** : before you arrive at university

Procedure

Apply as soon as you move into your accommodation

Simulator :

 **Check what you are entitled to with the CAF**

<https://wwwd.caf.fr/wps/portal/caffr/aidsetservices/lesservicesenligne/estimervosdroits/lelogement#/stateaccueil>

 **Apply via the CAF website**

<https://wwwd.caf.fr/wps/portal/caffr/aidsetservices/lesservicesenligne/faireunedemandedeprestation#/logement>


(CAF: Caisse d'Allocations Familiales, the French Family Allowance Office)





ActionLogement

Visale

A free rental deposit scheme for private or social housing for those who do not have a guarantor. It helps cover unpaid rent.

 **Requirements :** applicants must be (pre)registered and the ages of 18 and 30.

 **Criteria :** the rent (including all charges) must be less than €801 or your monthly means must be greater than €1,600.

 **When :** before you arrive at university

Procedure

you must submit your application before signing your lease. You do not need to know your future address in order to start the process.


Information

<https://www.visale.fr>

Avance Loca Pass

This is an interest-free loan to finance all or part of your security deposit to be paid to the property owner when the lease is signed.

 **Requirements :** applicants must be an apprentice or a state scholarship holder or a student who has been employed for at least 3 months during the last 6 months or a student on a paid internship of at least 3 months.

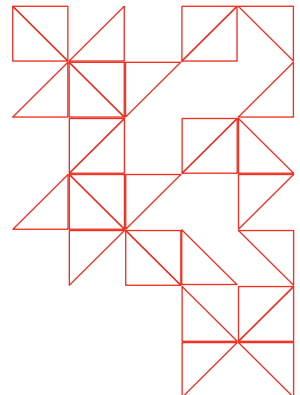
 **Criteria :** the aid is granted for the main residence and must not have been applied for previously.

Procedure

the application must be made 3 months prior to the rental agreement at the earliest and no later than 2 months after the lease.

Information

<https://www.actionlogement.fr/l-avance-loca-pass>





Solidarity Fund for Housing - the Fonds de solidarité pour le logement (FSL)

A grant or loan for those having difficulty paying accommodation or housing costs (fees, initial rent payment, insurance, furniture, additional service/rental charges or debts).

👤 Requirements : these vary as each local authority has an FSL with its own requirements.

👤 Criteria : Income is taken into account and applicants must not have received the Avance Loca Pass (an interest-free security deposit loan) following a security deposit application.

📁 Procedure

To apply, you must be in contact with a social worker via your local social action centre (centre communal d'action social or CCAS).

📄 Information

<https://www.service-public.fr/particuliers/vosdroits/F1334?lang=en>

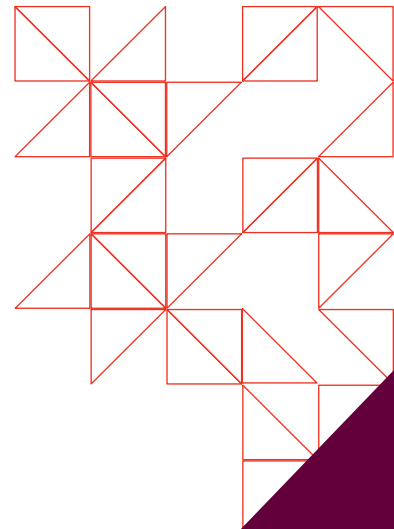
Housing installation grant for student - The aide à l'installation dans un logement pour les étudiant.e.s (AILE)

A municipal grant between €500 and €1,000 to help equip your accommodation in Paris and in the private sector.

👤 Requirements : applicants must be recipient of an income-based grant or a specific annual allowance and a tenant in private accommodation in Paris for which the lease was signed between 1 June 2019 and 31 March 2021.

📄 Information

<https://mie.paris.fr/aile/>







Transportation discounts



Imagine R Student Ticket

A special student price applied to the Navigo travel card. The card allows you to travel around the Ile-de-France area and benefit from a variety of offers.

 **Requirements** : applicants must be enrolled in full-time education and under the age of 26 on 1st September.

 **When** : before you arrive at university

Procedure

Purchase a monthly or annual card online.

Information

<https://www.iledefrance-mobilites.fr/en/tickets-fares/detail/imagine-r-student-ticket>

Solidarité Transport

This allows you to purchase and travel with a Navigo Solidarité 75% pass (weekly or monthly), half-price t+ ticket booklets, and single tickets or half-price booklets valid on the RER and Transilien trains, and you can sign up to the Navigo Liberté+ scheme for permanent reduced fares.

 **Requirements** : CSS (supplementary healthcare grant) recipients only

Information

<https://www.iledefrance-mobilites.fr/en/tickets-fares/detail/solidarity-free-ticket>



Learner Driver Subsidy for apprentices - the Aide au permis de conduire pour les apprentis

€500 to help you pass your driving test.

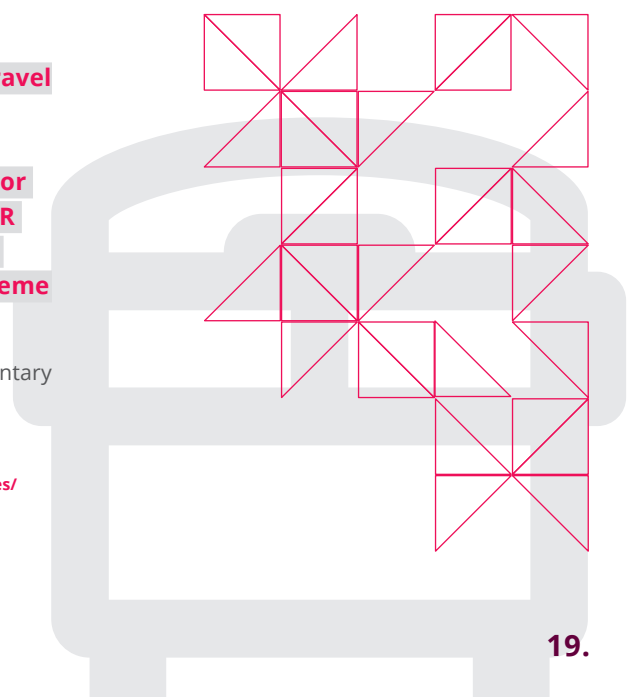
 **Requirements** : applicants must be a student on an apprenticeship and at least 18 years old.

Procedure

contact your CFA (centre de formation d'apprentis or Apprentice Training Centre) for an application.

Information

<https://www.etudiant.gouv.fr/fr/financement-du-permis-de-conduire-1624>





International Study Grants

GATE (Guichet Unique des Talents Etrangers)

The GATE is the single point of contact for international talent at the University of Paris-Saclay and offers a free, comprehensive service for all administration and relocation matters for international students. Various partners provide this service together, such as the Sub-Prefecture of Palaiseau, health insurance and the CAF (the French Family Allowance Office), among others. GATE is only open during certain times.

Information

<https://gate.paris-saclay.fr/en/>

Buddy Programme

The University of Paris-Saclay's support scheme for international students studying at one of the University's institutions or completing an exchange programme for one or two semesters wishing to meet local students and get some practical support when they arrive.

Information

<https://www.universite-paris-saclay.fr/en/international-mentoring-programme-buddy-programme>

@contact

buddy-programme@universite-paris-saclay.fr

Call for expressions of interest "Support for foreign doctorate students in joint thesis supervision or international co-tutorship"

Income-based grant supplement for international doctoral students in difficult situations. Covering living costs and bank, insurance and administrative expenses.

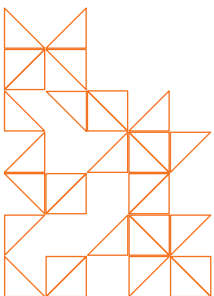
Criteria: applicants must be registered as a joint supervisor or co-tutor and be recipient of a grant or funding scheme in their country of origin of less than €1,000 per month.

@contact

incoming-exchange.international@universite-paris-saclay.fr

Information

<https://www.universite-paris-saclay.fr/appe-manifestation-dinteret-soutien-aux-doctorants-etrangers-en-codirection-ou-en-cotutelle-internationale-de-these>





International Study Grants

Reassurance/Science Reception

Welfare assistance providing occasional moral support, financial aid, or an event to create social links or promote well-being. It gives access to sessions with a professional life coach, up to 5 consultations per year per establishment. A student loan is also available (on negotiated terms) with a banking partner, and support with personal security.



Information

<https://www.science-accueil.org/en/programmes/>

Entraide Universitaire Française

Financial assistance for refugee students aiming to join the working world through their studies. Applications are accepted from all countries of origin, regardless of the reason for exile. Requirements: applicants must hold a residence permit within the international protection framework (statutory refugee status, recipient of subsidiary protection, stateless person), and have a secondary school level of education and a desire to go onto higher education.



Information

<https://entraide-universitaire.fr>



Emergency Grants

Emergency number

If you are facing significant financial difficulties, you can contact the non-premium emergency number. Open Monday to Friday from 9am to 5pm, an advisor will inform you about the various schemes and will be able to help you with your personal matters.

☎ **01 69 15 70 64**

Emergency Numbers

- ☎ **112** European emergency number
- ☎ **114** Emergency number for deaf people, partially deaf people and hard of hearing people
- ☎ **15** Samu - Paramedics
- ☎ **17** Police service and emergency number
- ☎ **18** Firefighter units
- ☎ **3919** Violence against women information



I want to Help

The "Je Veux Aider" or "I want to Help" platform

Provided by the Civic Reserve, this public volunteering platform places individuals wishing to act in the public interest in contact with public and non-profit organisations that need volunteers. This platform contributes on building a more caring society and is open to anyone across the country over the age of 16 and living in France who wishes to volunteer on an occasional basis.

 **Information**

<https://www.jeveuxaider.gouv.fr>

Suicide Écoute - Suicide Line

Created in 1994, Suicide Écoute is a helpline dedicated to help people contemplating suicide. These helplines are anonymous, non-political and non-denominational and are available 24 hours a day, 7 days a week.

☎ **01 45 39 40 00**

 **Information**

<https://suicide-ecoute.fr/>



Online Welfare Simulator klaro

ex Toutes mes aides

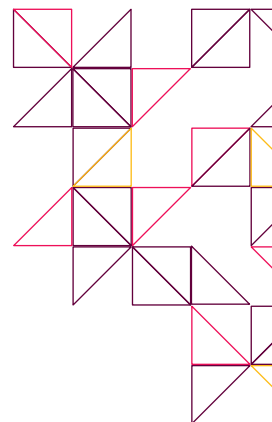
**The University of Paris-
Saclay gives you access to
the Klaro platform**

Did you know that there most likely social
assistance to which you could be entitled for ?



app.klaro

[https://app.klaro.fr/bienvenue/v1/company/
upsaclay/334aef2a-74d4-4d44-8cfd-959fac5b6710](https://app.klaro.fr/bienvenue/v1/company/upsaclay/334aef2a-74d4-4d44-8cfd-959fac5b6710)



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